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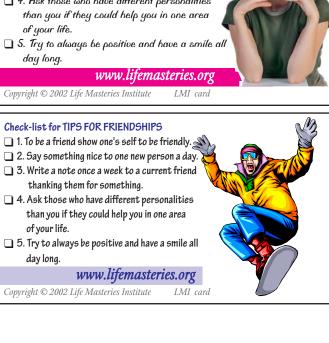
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Check-list for TIPS FOR FRIENDSHIPS □ 1. To be a friend show one's self to be friendly. □ 2. Say something nice to one new person a day. □ 3. Write a note once a week to a current friend thanking them for something. □ 4. Ask those who have different personalities than you if they could help you in one area of your life. □ 5. Try to always be positive and have a smile all day long. www.lifemasteries.org Copyright © 2002 Life Masteries Institute LMI card

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